



BOAT YARD

GLUTEN FREE MENU



www.cawleyhotels.com

STARTERS

Crispy Tempura (Starter/Main)

crisp tempura batter, sweet chilli dipping sauce

Chicken 9.95 / 18.95

Vegetable 8.95 / 17.95 **VV**

Prawn 10.95 / 19.95

Mixed 9.95 / 18.95

add a bowl of skinny fries 3.95

Cullen Skink

creamy smoked haddock, leek & potato soup,

gluten free crusty bread roll, butter 10.95

Soups of the Day **V**

gluten free crusty bread roll, butter 6.95

Chicken Liver Parfait

seasonal salad, caramelised red onion chutney, toasted gluten free bread 9.95

Grilled Goats Cheese **V**

chilli & tomato jam, rocket salad 10.95

Traditional Prawn Cocktail

crisp leaves, marie rose sauce, lemon wedge 11.95

King Prawn Sizzler

hot chilli & garlic oil, toasted gluten free garlic bread 12.95

Garlic Mushroom Gratin

garlic cream sauce, glazed with parmesan,

toasted gluten free garlic bread 9.95

Bang Bang Cauliflower **VV**

crispy cauliflower tempura, vegan sriracha mayo,

asian slaw 9.95

SHARING BOARDS

Boat Yard Sharing Platter

chicken liver parfait with caramelised red onion chutney, garlic mushrooms,

crispy chicken tempura with a sweet chilli dipping sauce, grilled goats cheese,

crispy cauliflower bites with sriracha mayo 24.95

Boat Yard Seafood Platter

mini prawn cocktail, smoked salmon with capers & lemon,

crispy prawn tempura with a sweet chilli dipping sauce,

garlic & chilli king prawns, haddock goujons,

with lemon & chunky tartar sauce 25.95

SEASALT BAKED POTATOES

(available until 5pm)

Served with coleslaw & seasonal dressed salad leaves

Three Cheese **V** 11.95

Tuna & Sweetcorn 12.95

Coronation Chicken 11.95

Chilli Beef 12.95

Prawn Marie Rose 13.95

SANDWICHES

(available until 5pm)

White, brown or gluten free bread or tortilla wrap

Savoury Cheese **V** 9.95

Egg & Watercress **V** 9.95

Ham & Mustard 10.95

Tuna & Sweetcorn 11.95

Coronation Chicken 10.95

Prawn Marie Rose 12.95

Roast Chicken Salad 11.95

add a bowl of homemade soup 4.95

add a bowl of skinny fries 3.95

HOT SANDWICHES

(available until 5pm)

Croque Monsieur

baked ham & cheese sandwich, béchamel sauce 12.95

Croque Madame

baked ham & cheese sandwich, béchamel sauce

topped with a fried egg 13.95

Steak Ciabatta

char-grilled steak, dijon mustard mayo, caramelised red onion chutney,

rocket leaves 15.95

Smoked Cheddar, Smoked Ham & Chutney Toastie

smoked applewood cheddar, honey smoked ham, mango chutney 12.95

add a bowl of homemade soup 4.95

add a bowl of skinny fries 3.95

All sandwiches are served with coleslaw & seasonal salad

PASTA

Three Cheese Penne **V**

isle of mull cheddar & herb crumb, toasted gluten free garlic bread 16.95

add king prawn & spring onion 7.95

add bacon 3.95

add cajun chicken 4.95

Cajun Chicken Pasta Bake

peppers, onions & coriander in a creamy cajun sauce, glazed with

cheddar cheese, toasted gluten free garlic bread 18.95

Traditional Beef Lasagne

glazed with mozzarella, seasonal salad,

toasted gluten free garlic bread 18.95

add a bowl of skinny fries 3.95

Penne Arrabiata **V**

peppers & red onion in a slow cooked spiced tomato ragu,

fresh basil, toasted gluten free garlic bread 13.95

add king prawns 7.95

add chicken 4.95

CLASSICS

Thai Spiced Chicken Breast

rice pilaf, stir fry vegetables, coconut, lime & sweet chilli sauce,

prawn crackers 19.95

Roast Breast of Chicken

creamed potatoes, seasonal vegetables, peppercorn sauce 19.95

Classic Fish and Chips

battered haddock fillet, mushy peas, lemon wedge,

hand cut chips or fries 19.95

Make it like the Chippy

add curry sauce & pickled onion 2.95

Sweet Potato, Spinach & Chickpea Curry **VV**

lightly spiced vegetable curry, rice pilaf,

warm gluten free tortilla wrap 17.95

Texan Beef Chilli

charred corn, rice pilaf, homemade nachos 18.95

Smoked Haddock and Salmon Gratin

arran mustard cream sauce, braised leeks, creamed potatoes,

glazed with an isle of mull cheddar & herb crumb 19.95

Sizzling Fajitas

gluten free tortillas, salsa, guacamole, sour cream, grated cheese

Chicken 18.95

Vegetable 16.95 **V**

Prawn 20.95

Mixed 19.95

BUNS

All burgers are served with fries and a battered onion ring

Classic Burger

gluten free bun, crisp gem lettuce, beef tomato, burger sauce 18.50

add bacon / cheddar 2.95

Texan Chilli Beef Burger

gluten free bun, cheddar, jalapeños, crisp gem lettuce,

beef tomato, crushed tortilla chips 19.95

The Scottish Burger

gluten free bun, streaky bacon, crisp gem lettuce, beef tomato,

peppercorn sauce 19.95

Plant-based Burger **VV**

gluten free bun, plant-based patty, crisp gem lettuce,

beef tomato, vegan mayo 17.95

Chicken Caesar Burger

gluten free bun, char-grilled chicken breast, smoked bacon,

crisp gem lettuce, beef tomato, caesar dressing,

shaved parmesan 18.95

CHEF'S SPECIALITY

Blackened Cajun Salmon Fillet

rice pilaf, stir fry vegetables, curried coconut cream sauce 20.95

Tandoori Chicken Tikka Curry

rice pilaf, cucumber & mint yogurt salad, warm gluten free tortilla 19.95

Stroganoff

sautéed onions in a paprika, french mustard & fresh parsley cream,

rice pilaf, toasted gluten free ciabatta

Chicken 19.95

Mushroom 17.95 **V**

Half Roasted Chicken

served on the bone with homemade coleslaw, seasonal salad,

hand cut chips or fries and your choice of sauce...

hot honey & garlic / peri peri / herb butter / satay 20.95

FROM THE GRILL

All our steaks are dry aged and matured by our trusted butcher. Cooked on our char-grill, then served with a roasted tomato, flat cap mushroom, an onion ring and your choice of hand cut chips or fries

Prime Sirloin 8oz or Prime Rib Eye 8oz 35.95

Steak Sauces 3.95

red wine jus / peppercorn / blue cheese / béarnaise / whisky mustard

Steak Toppers

Mini Mac & Cheese 5.95 **Garlic King Prawns** 7.95

FROM THE GARDEN

Classic Caesar Salad

crisp gem lettuce, caesar dressing, parmesan shavings, bacon, anchovies 12.95

add chicken 5.95

add prawns 7.95

add goats cheese 3.95 **V**

Char-Grilled Steak Salad

char-grilled sirloin, caramelised red onions, rocket,

sautéed new potatoes, pesto dressing, shavings of parmesan 23.95

Chicken & Bacon Salad

char-grilled chicken breast, smoked streaky bacon, mixed leaves,

applewood cheese, honey roasted cashew nuts 16.95

SIDES

Creamed Mash Potatoes 4.95

Seasonal Salad 4.95

Fries or Hand Cut Chips 4.95

Cajun Fries or Cajun Sweet Potato Fries 5.95

Truffle & Parmesan Fries 5.95

Onion Rings 4.95

Tenderstem Broccoli with Chilli & Lime Butter 4.95

Mini Mac & Cheese 5.95