



# BOAT YARD

GLUTEN FREE MENU



[www.cawleyhotels.com](http://www.cawleyhotels.com)

STARTERS

**Crispy Tempura** (Starter/Main)  
*crisp tempura batter, sweet chilli dipping sauce*

**Chicken** 9.95 / 18.95

**Vegetable** 8.95 / 17.95 **VV**

**Prawn** 10.95 / 19.95

**Mixed** 9.95 / 18.95

add a bowl of skinny fries 3.95

**Cullen Skink**  
*creamy smoked haddock, leek & potato soup, gluten free crusty bread roll, butter* 10.95

**Soups of the Day** **V**  
*gluten free crusty bread roll, butter* 6.95

**Chicken Liver Parfait**  
*seasonal salad, caramelised red onion chutney, toasted gluten free bread* 9.95

**Grilled Goats Cheese** **V**  
*chilli & tomato jam, rocket salad* 10.95

**Traditional Prawn Cocktail**  
*crisp leaves, marie rose sauce, lemon wedge* 11.95

**King Prawn Sizzler**  
*hot chilli & garlic oil, toasted gluten free garlic bread* 12.95

**Garlic Mushroom Gratin**  
*garlic cream sauce, glazed with parmesan, toasted gluten free garlic bread* 9.95

**Bang Bang Cauliflower** **VV**  
*crispy cauliflower tempura, vegan sriracha mayo, asian slaw* 9.95

SHARING BOARDS

**Boat Yard Sharing Platter**  
*chicken liver parfait with caramelised red onion chutney, garlic mushrooms, crispy chicken tempura with a sweet chilli dipping sauce, grilled goats cheese, crispy cauliflower bites with sriracha mayo* 24.95

**Boat Yard Seafood Platter**  
*mini prawn cocktail, smoked salmon with capers & lemon, crispy prawn tempura with a sweet chilli dipping sauce, garlic & chilli king prawns, haddock goujons, with lemon & chunky tartar sauce* 25.95

SEASALT BAKED POTATOES  
(available until 5pm)

*Served with coleslaw & seasonal dressed salad leaves*

**Three Cheese** **V** 11.95

**Tuna & Sweetcorn** 12.95

**Coronation Chicken** 11.95

**Chilli Beef** 12.95

**Prawn Marie Rose** 13.95

SANDWICHES

(available until 5pm)

*White, brown or gluten free bread or tortilla wrap*

**Savoury Cheese** **V** 9.95

**Egg & Watercress** **V** 9.95

**Ham & Mustard** 10.95

**Tuna & Sweetcorn** 11.95

**Coronation Chicken** 10.95

**Prawn Marie Rose** 12.95

**Roast Chicken Salad** 11.95

add a bowl of homemade soup 4.95

add a bowl of skinny fries 3.95

HOT SANDWICHES  
(available until 5pm)

**Croque Monsieur**  
*baked ham & cheese sandwich, béchamel sauce* 12.95

**Croque Madame**  
*baked ham & cheese sandwich, béchamel sauce topped with a fried egg* 13.95

**Steak Ciabatta**  
*char-grilled steak, dijon mustard mayo, caramelised red onion chutney, rocket leaves* 15.95

**Smoked Cheddar, Smoked Ham & Chutney Toastie**  
*smoked applewood cheddar, honey smoked ham, mango chutney* 12.95

add a bowl of homemade soup 4.95

add a bowl of skinny fries 3.95

*All sandwiches are served with coleslaw & seasonal salad*

PASTA

**Three Cheese Penne** **V**  
*isle of mull cheddar & herb crumb, toasted gluten free garlic bread* 16.95

add king prawn & spring onion 7.95

add bacon 3.95

add cajun chicken 4.95

**Cajun Chicken Pasta Bake**  
*peppers, onions & coriander in a creamy cajun sauce, glazed with cheddar cheese, toasted gluten free garlic bread* 18.95

**Traditional Beef Lasagne**  
*glazed with mozzarella, seasonal salad, toasted gluten free garlic bread* 18.95

add a bowl of skinny fries 3.95

**Penne Arrabiata** **V**  
*peppers & red onion in a slow cooked spiced tomato ragu, fresh basil, toasted gluten free garlic bread* 13.95

add king prawns 7.95

add chicken 4.95

CLASSICS

**Thai Spiced Chicken Breast**  
*rice pilaf, stir fry vegetables, coconut, lime & sweet chilli sauce, prawn crackers* 19.95

**Roast Breast of Chicken**  
*creamed potatoes, seasonal vegetables, peppercorn sauce* 19.95

**Classic Fish and Chips**  
*battered haddock fillet, mushy peas, lemon wedge, hand cut chips or fries* 19.95

**Make it like the Chippy**  
**add curry sauce & pickled onion** 2.95

**Sweet Potato, Spinach & Chickpea Curry** **VV**  
*lightly spiced vegetable curry, rice pilaf, poppadoms* 17.95

**Texan Beef Chilli**  
*charred corn, rice pilaf, homemade nachos* 18.95

**Smoked Haddock and Salmon Gratin**  
*arran mustard cream sauce, braised leeks, creamed potatoes, glazed with an isle of mull cheddar & herb crumb* 19.95

**Sizzling Fajitas**  
*gluten free tortillas, salsa, guacamole, sour cream, grated cheese*

**Chicken** 18.95

**Vegetable** 16.95 **V**

**Prawn** 20.95

**Mixed** 19.95

BUNS

*All burgers are served with fries and a battered onion ring*

**Classic Burger**  
*gluten free bun, crisp gem lettuce, beef tomato, burger sauce* 18.50

**add bacon / cheddar** 2.95

**Texan Chilli Beef Burger**  
*gluten free bun, cheddar, jalapeños, crisp gem lettuce, beef tomato, crushed tortilla chips* 19.95

**The Scottish Burger**  
*gluten free bun, streaky bacon, crisp gem lettuce, beef tomato, peppercorn sauce* 19.95

**Plant-based Burger** **VV**  
*gluten free bun, plant-based patty, crisp gem lettuce, beef tomato, vegan mayo* 17.95

**Chicken Caesar Burger**  
*gluten free bun, crispy chicken breast, smoked bacon, crisp gem lettuce, caesar dressing, shaved parmesan* 18.95

CHEF’S SPECIALITY

**Blackened Cajun Salmon Fillet**  
*rice pilaf, stir fry vegetables, curried coconut cream sauce* 20.95

**Tandoori Chicken Tikka Curry**  
*tandoori chicken breast, authentic indian spices, rice pilaf, crisp poppadoms* 19.95

**Stroganoff**  
*sautéed onions in a paprika, dijon mustard & fresh parsley cream, rice pilaf, toasted gluten free ciabatta*

**Chicken** 19.95

**Mushroom** 17.95 **V**

**Half Roasted Chicken**  
*served on the bone with homemade coleslaw, seasonal salad, hand cut chips or fries and your choice of marinade...*  
*hot honey & garlic / peri peri / herb butter / satay* 20.95

FROM THE GRILL

*All our steaks are dry aged and matured by our trusted butcher. Cooked on our char-grill, then served with a roasted tomato, flat cap mushroom, an onion ring and your choice of hand cut chips or fries*

**Prime Sirloin 8oz or Prime Rib Eye 8oz** 35.95

**Steak Sauces** 3.95  
*red wine jus / peppercorn / blue cheese / béarnaise / whisky mustard*

**Steak Toppers**  
**Mini Mac & Cheese** 5.95   **Garlic King Prawns** 7.95

FROM THE GARDEN

**Classic Caesar Salad**  
*crisp gem lettuce, caesar dressing, parmesan shavings, bacon, anchovies* 12.95

add chicken 5.95

add prawns 7.95

add goats cheese 3.95 **V**

**Char-Grilled Steak Salad**  
*char-grilled sirloin, caramelised red onions, rocket, sautéed new potatoes, pesto dressing, shavings of parmesan* 23.95

**Chicken & Bacon Salad**  
*char-grilled chicken breast, smoked streaky bacon, mixed leaves, applewood cheese, honey roasted cashew nuts* 16.95

SIDES

**Creamed Mash Potatoes** 4.95

**Seasonal Salad** 4.95

**Fries or Hand Cut Chips** 4.95

**Cajun Fries or Cajun Sweet Potato Fries** 5.95

**Truffle & Parmesan Fries** 5.95

**Onion Rings** 4.95

**Tenderstem Broccoli with Chilli & Lime Butter** 4.95

**Mini Mac & Cheese** 5.95