



BOAT YARD

GLUTEN FREE MENU



www.cawleyhotels.com

STARTERS

Soups of the Day V

gluten free bread roll, butter 7.95

Chicken Liver Parfait

seasonal salad, caramelised red onion chutney, toasted gluten free bread 9.95

Garlic Mushroom Gratin

garlic cream sauce, glazed with parmesan, toasted gluten free garlic bread 9.95

Bang Bang Cauliflower VV

vegan sriracha mayo, asian slaw 9.95

Cullen Skink

creamy smoked haddock, leek & potato soup, gluten free bread roll, butter 10.95

Homemade Beef & Pork Meatballs

topped with melted mozzarella, marinara sauce, toasted gluten free bread 10.95

Warm Breaded Brie Wedges V

red onion marmalade, pear & rocket salad 10.95

Traditional Prawn Cocktail

marie rose prawns, crisp leaves, lemon wedge 12.95

King Prawn Sizzler

hot chilli & garlic oil, toasted gluten free garlic bread 13.95

Crispy Tempura (Starter/Main)

sweet chilli dipping sauce

Chicken 9.95 / 19.95

Vegetable VV 8.95 / 17.95

Prawn 11.95 / 20.95

Mixed 10.95 / 19.95

add a bowl of skinny fries 3.95

SHARING BOARDS

Boat Yard Sharing Platter

chicken liver parfait with caramelised red onion chutney, pork & beef meatballs, garlic mushrooms, crispy chicken tempura with a sweet chilli dipping sauce, warm breaded brie wedges 26.95

Boat Yard Seafood Platter

mini prawn cocktail, smoked salmon with capers & lemon, crispy prawn tempura with a sweet chilli dipping sauce, haddock goujons with lemon & chunky tartar sauce 27.95

SEASALT BAKED POTATOES

(available until 5pm)

Served with coleslaw & seasonal dressed salad leaves

Three Cheese V 12.95

Coronation Chicken 12.95

Chilli Beef 12.95

Tuna & Sweetcorn 13.95

Prawn Marie Rose 14.95

SANDWICHES (available until 5pm)

White or brown gluten free bread or a gluten free tortilla wrap

Savoury Cheese V 10.95

Egg & Watercress V 10.95

Ham & Mustard 12.95

Tuna & Sweetcorn 12.95

Coronation Chicken 12.95

Roast Chicken Salad 12.95

Prawn Marie Rose 13.95

add a bowl of: **skinny fries** 3.95 **homemade soup** 4.95

HOT SANDWICHES (available until 5pm)

Vegan Cheese & Red Onion

Marmalade Toastie VV 12.95

Smoked Cheddar, Ham & Mango

Chutney Toastie 13.95

Croque Monsieur

baked ham & cheese sandwich, béchamel sauce 13.95

Croque Madame

baked ham & cheese sandwich, béchamel sauce

topped with a fried egg 14.95

Steak Ciabatta

char-grilled steak, dijon mustard mayo,

caramelised red onion chutney, rocket leaves 16.95

add a bowl of: **skinny fries** 3.95 **homemade soup** 4.95

All sandwiches are served with coleslaw & seasonal salad

PASTA

All served with gluten free garlic bread

Penne Arrabiata V

gluten free penne, peppers & red onion in a slow cooked

spiced tomato ragu, fresh basil 14.95

add king prawns 8.95 / add chicken 4.95

Three Cheese Macaroni V

gluten free penne, cheddar cheese glaze & pangrattato 17.95

add bacon 3.95 / add cajun chicken 4.95

Penne Carbonara

gluten free penne, carbonara sauce, cream, garlic, bacon lardons 17.95

Homemade Meatballs

gluten free penne, homemade beef & pork meatballs

in a rich tomato sauce 18.95

Cajun Chicken Pasta Bake

gluten free penne, peppers, onions & coriander in a creamy cajun sauce,

glazed with cheddar cheese 19.95

Traditional Beef Lasagne

glazed with mozzarella, seasonal salad 19.95

add a bowl of skinny fries 3.95

CLASSICS

Sweet Potato, Spinach & Chickpea Curry VV

lightly spiced vegetable curry, rice pilaf, poppadoms 18.95

Thai Spiced Chicken Breast

rice pilaf, stir fry vegetables, coconut, lime & sweet chilli sauce,

prawn crackers 19.95

Breaded Chicken Fillets

succulent pieces of chicken in breadcrumbs, served with homemade

deli coleslaw and your choice of hand cut chips or skinny fries 17.95

Roast Breast of Chicken

creamed potatoes, seasonal vegetables, peppercorn sauce 20.95

Classic Fish and Chips

battered haddock fillet, mushy peas, lemon wedge,

hand cut chips or fries 20.95

Make it like the Chippy

add curry sauce & pickled onion 2.95

Smoked Haddock Gratin

arran mustard cream sauce, braised leeks, creamed potatoes,

glazed with cheddar cheese glaze & pangrattato 20.95

Sizzling Fajitas

soft flour tortilla, salsa, guacamole, sour cream, grated cheddar

Vegetable V 17.95

Chicken 19.95

Mixed 20.95

Prawn 21.95

BUNS

All burgers are served on a gluten free bun with fries, coleslaw and a battered onion ring

Classic Burger

crisp lettuce, tomato, burger sauce 19.95

add bacon / cheddar 2.95

Chicken Caesar Burger

breaded chicken breast, smoked bacon, crisp lettuce,

caesar dressing, shaved parmesan 20.95

Plant-based Burger VV

vegan brioche style bun, plant-based patty, crisp lettuce,

tomato, vegan mayo 18.95

Scottish Burger

beef patty, smoked bacon, crisp lettuce, tomato,

peppercorn sauce 21.95

American Smokehouse Burger

beef patty, smoked bacon, smoked cheddar, crisp lettuce, tomato,

bbq glaze, chipotle mayo, crispy onions 21.95

Italian Burger

beef patty, mozzarella, rocket, marinara sauce, pesto mayo 21.95

CHEF'S SPECIALITY

Tandoori Chicken Tikka Curry

tandoori chicken breast, authentic indian spices,

rice pilaf, crisp poppadoms 19.95

Stroganoff

sautéed onions in a paprika, dijon mustard

& fresh parsley cream, rice pilaf, gluten free toast

Mushroom V 17.95 **Chicken** 19.95

Honey & Garlic Crispy Chicken

stir fry vegetables, soy & chilli rice noodles 20.95

Salmon & Teriyaki Noodles

stir fry pak choi, honey, sesame, soy & teriyaki rice noodles 21.95

Half Roasted Chicken

served on the bone with homemade coleslaw, seasonal salad, hand cut chips or fries and your choice of marinade...

hot honey & garlic / peri peri / herb butter / satay 22.95

FROM THE GRILL

All steaks are cut in house, served with a whole roasted tomato, flat cap mushroom, onion ring and your choice of hand cut chips or fries

Prime Sirloin 8oz or Prime Rib Eye 8oz 36.95

Steak Sauces 3.95

red wine jus / peppercorn / blue cheese / béarnaise / whiskey mustard

Steak Toppers

Mini Mac & Cheese 7.95 **Garlic King Prawns** 8.95

FROM THE GARDEN

Classic Caesar Salad

crisp gem lettuce, caesar dressing, parmesan shavings,

bacon, anchovies 13.95

add breaded brie V 3.95

add chicken 5.95 / add prawns 8.95

Chicken & Bacon Salad

char-grilled chicken breast, smoked streaky bacon, mixed leaves,

applewood cheese, honey roasted cashew nuts 17.95

Char-Grilled Steak Salad

char-grilled sirloin, caramelised red onions, rocket,

sautéed new potatoes, pesto dressing, shavings of parmesan 25.95

SIDES

Creamed Mash Potatoes 4.95

Seasonal Salad 4.95

Fries or Hand Cut Chips 4.95

Onion Rings 4.95

Cajun Fries or Cajun Sweet Potato Fries 5.95

Tenderstem Broccoli with Chilli & Lime Butter 5.95

Truffle & Parmesan Fries 6.95

Mini Mac & Cheese 7.95